

# APFCNA 2 Info Sheet



Welcome to Bali, Indonesia – We are eager to welcome NA members and their families from all over the world for 2<sup>nd</sup> Asia Pacific Forum Convention of Narcotics Anonymous. In the spirit of the 6<sup>th</sup> tradition, any recommendations made in this document are not meant to divert us from our Primary purpose. Any recommendations made in this document by the APFCNA 2 Support committee are not endorsements by APF, NA Indonesia or NAWs.

## INDONESIA AND BALI OVERVIEW

Bali is the most popular island holiday destination in the Indonesian archipelago. The island's home to an ancient culture that's known for its warm hospitality. Exotic temples and palaces set against stunning natural backdrops are some of its top attractions. Dining in Bali presents endless choices of local or far-flung cuisine. There are also amazing beach resorts and luxury resorts in many of Bali's famous areas. These include Kuta, Seminyak and Jimbaran where most of the great hotels and villas are right on the beach. They're also home many exciting surf spots. For tranquil seascapes and sunrises, the eastern beach resorts are your best bets. These include Sanur, Nusa Dua and the remote coast of Candidasa. In Bali's farther and lesser travelled East Bali and northern region, you'll find some world-class diving spots with calm bays. They're home to pristine coral gardens teeming with colourful marine biodiversity. The island's centre also offers plenty of reasons that it can be better than the beach. Explore the scenic central highlands of Ubud with its flowing rice fields, valleys and forested rivers. Yet Ubud's not only a place for cultural day-trippers. It also offers plenty for adventure-seekers and shopaholics and Yogi's. Picturesque mountain jogging tracks are within a short walk from designer boutique and chic cafe-lined streets. Sightseeing opportunities in Ubud are virtually endless. The town itself is densely dotted with a multitude of ancient temples, palaces and historical sites. Ubud is a capital for some of the top Vegetarian restaurants on the planet and there is also a large population of Yoga practitioners. There are many more off-the-beaten-track spots around this magical island worth discovering.



## REGISTRATION:

Quite often, when attending NA Convention, members asked "why should I register?" Please understand that the convention incurs a great deal of expense. These expenses include the rental of venue and meeting rooms, printing items, producing merchandise, items that contained in the registration package etc. The extra monies collected will help the Asia Pacific Forum to fund the 2020 APF Event in a yet to be determined location. We hope that once participants understand where the registration fees are being allocated, the question "why register" will be answered.

## EVENT INFO:

**Date:** 22 – 24 February 2018

**VENUE:** Puri Saron Hotel, Seminyak, Bali  
<https://goo.gl/maps/WxtDqWChoEK2>

## CONVENTION COMMITTEE:

Chair	Secretary	Treasurer
Dhayan D <a href="mailto:dhaytara@gmail.com">dhaytara@gmail.com</a> +62 817 4926 705	Nita <a href="mailto:Presant1.5@hotmail.com">Presant1.5@hotmail.com</a> +62 812 4653 0718	Anto <a href="mailto:Antonias46@gmail.com">Antonias46@gmail.com</a> +62 812 1900 9464
Programme		Merchandise
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## Travel Info:

Below is a list of things you may want to consider before travelling:

- Passport & Visa:** If you are travelling to Indonesia, 140 countries qualify for a Free Visa on Arrival but some foreign nationals are still required to obtain a visa before arrival. Check online for all of the visa laws and requirements before you leave, note that it may be necessary or more beneficial to process your visa before travelling. Please check the following link <https://www.bali.com/visa-on-arrival.html>. It is likely you will require at least 6 months remaining on your passport and 1 blank page.
- Documents:** Keep a scanned copy of your passport and travel insurance in your email inbox. You may also want to keep a physical photocopy with you during your day.



3. **Cards & Currency:** If you haven't been travelling recently, check with your bank that your ATM or Credit card will work in the Indonesia. Not everywhere accepts credit/debit cards. Changing \$100 US dollars or \$100 Australian dollars yields the best rates in Bali.

**Where to Change your Money:** The moment you land, you'll find several money changers at the International Arrivals of the Ngurah Rai International Airport, which offer fairly competitive rates and are open 24 hours. However you will find better rates outside the airport. Thus, it's good to change just a fair amount for your taxi fare or spare change on the trip to your hotel at the airport. IDR 500,000 or USD 40 should be more than enough. Then, you can either change your money at your hotel (usually at not very competitive rates), or head out to any of these authorised and recommended money changers in Bali.

**BMC Seminyak (Kantor Pusat)**

Location: Jl. Raya Seminyak No.16 A, Seminyak,

Tel: 0361-733202

<https://goo.gl/maps/mwcpJ3JtxJ52>

**PT. Bali Maspintjinra Also known as BMC**

Location: Jalan Raya Kerobokan No.50/87, Banjar Taman, Kerobokan

Tel: 0361-737070

<https://goo.gl/maps/tpNWmrJ7CVm>

The main Denominations of IDR Bills:

- IDR 10,000 is red with 1 head.
- IDR 20,000 is green
- IDR 50,000 is blue.
- IDR 100,000 is red with 2 heads.



Competitive FX Rates as of  
Feb 19, 2019

CURRENCY	BANK NOTE
USD	13.970
AUD	9870
GBP	18.020
EURO	15.770
CHF	13.850
JPY	126.00
THB	430
NZD	9.470
SGD	10.220
MYR	3.350
HKD	1745
OTHER CURRENCIES DISPLAY	

Always ask for a copy of the money changer's receipt and keep it whenever you change your money, in case you receive and use Indonesian rupiah notes that turn out to be counterfeit. You can easily check out the latest rates for general comparison using a Internet currency App. If you don't want to use the 2 recommended Money Changers above, please use ONLY a 'reputable Money changer that exchanges money as their primary business. If you happen to see a money changer with a rate that is "Too Good to Be True", please avoid.



4. **Packing & Weather:** You are traveling to Bali during the end of Rain Season. You may experience periods of heavy rain and during dry periods, it tends to be hot and extremely humid. Please stay hydrated drinking more liquids than normal. The average temperature this month, at 26°C (79°F), while the average low is 22°C (72°F), and the average high comes in at 30°C (86°F). The average daily temperature slightly rising to 27.5°C (81.5°F), before rounding out the end of the month with a daily average of 28°C (82°C), and again a high chance of rain. The humidity levels in February are quite high, with the average level for the month being 80%. Even without high temperatures this is an uncomfortable level, but when mixed with temperatures that routinely go above 30°C (86°F) in February, it becomes even worse.

5. **Sim Card:** While Wi-fi of some sort has long been relatively common in bars, restaurants, and hotels on the island, the speed and reliability is poor. If you want to stay connected everywhere, though, a local SIM card is the way to go. This used to be a very straightforward process. Unfortunately, the government changed the rules in April 2018, making it more expensive and/or difficult for foreigners to get set up. There are four cell service providers in Indonesia, plus a small number of resellers.

- **TELKOMSEL:** has the widest coverage, reaching 98% of the country. It's also the most expensive, although cell service is pretty cheap regardless of which company you go with.
- **XL**, **IM3**, and **TRI** all have reasonable coverage.

It is possible to purchase a SIM card at the airport, it may be a little more expensive to do so but this is the easiest place to do it. If you're happy to wait until you get into town, you'll have more options, sometimes at lower prices. One phone shop close to the Event hotel is in the parking lot of the Bintang Super Market:

<https://goo.gl/maps/1D49fPTYBnx>

If in doubt, the staff at your accommodation should know where you need to go.

6. **Bali NA Meetings:**

- NA Bali Meetings list  
<https://na-bali.org/na-meetings-bali/>
- Tuesday, Thursday and Sunday night meetings are at this location:  
<https://goo.gl/maps/nBMrghJorjR2>
- Wednesday night NA meeting is at this location:  
<https://goo.gl/maps/huePECEHT6G2>
- Saturday night NA meeting is at this location:  
<https://goo.gl/maps/cjMDnvaLwEs>

7. **Like a Pro!:** Power adaptor, sleeping mask and ear-plugs for the plane, Device & Camera chargers, Lightweight Rain Jacket, Phrase-book. These are the most common things people forget and they're not always so easy to find. Travel Apps are cheap/free and extremely helpful; some even offer local deals. Love mosquitos? Nobody does! Some good organic mosquito repellent will help with peace of mind and body! The electric requirements in Indonesia are 230 Voltage, 50 hz Frequency and Type C/F Power Sockets:



## 8. Restaurants Nearby:

### For People with No Dietary Restrictions

#### **La Plancha**

Mesari Beach, between JL Double Six and Jl Dhyanapura  
On the beach in the back of the Puri Saron Seminyak hotel.

#### **The Camplung Bar & Restaurant**

Mesari Beach, between JL Double Six and Jl Dhyanapura  
On the beach in the back of the Puri Saron Seminyak hotel.

#### **D'Joglo Beach Bar & Restaurant**

JL Camplung Tanduk  
0,1 miles from Puri Saron Seminyak  
<https://goo.gl/maps/C7BoXjMfZFS2>

#### **Warung Ocha's**

This restaurant is 10 minutes walk away from Puri Saron, many options to choose from menu as well as live display counters.  
<https://goo.gl/maps/GahwnGcgBuC2>

#### **Mades Warung**

This restaurant is 10 minutes walk away from Puri Saron, wide range of food, more upmarket. This is the Location for the Saturday night Fellowship dinner.  
<https://goo.gl/maps/X3La29oRNPT2>

#### **Taco Beach Grill**

Yummy Mexican Food. This restaurant is 15 minutes walk away from Puri Saron,  
<https://goo.gl/maps/GwnF2DquBY92>

### Vegan Cafés

#### **Zula Café – Vegetarian Paradise**

JL. Camplung Tanduk No. 5  
Café and Restaurant with Healthy Dishes  
<https://goo.gl/maps/GrUEpgxez3k>

#### **Divine Earth**

JL. Raya Basangkasa No. 1200 A  
Café and Restaurant with Healthy Dishes  
<https://goo.gl/maps/PurPSZ68fFB2>

#### **Earth Cafe**

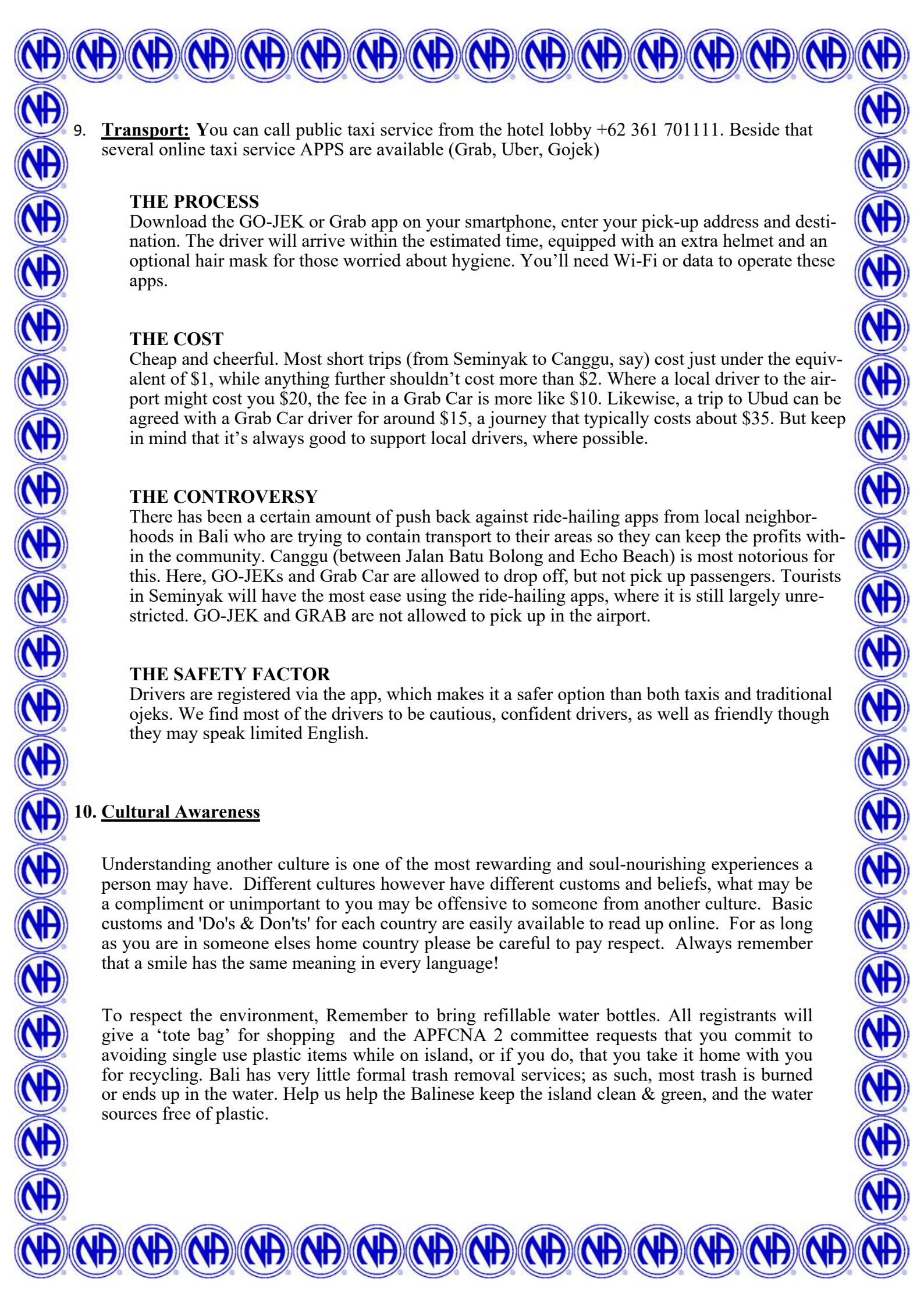
JL. Kayu Aya No. 99  
Café and Restaurant with Healthy Dishes  
<https://goo.gl/maps/hAo68Nzi6YE2>

### Muslim Food (Halal)

#### **Masakan Padang**

JL Camplung Tanduk  
At the end corner of Jalan Camplung Tanduk towards Jalan Seminyak  
<https://goo.gl/maps/fE8EABkyvN72>



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9. **Transport:** You can call public taxi service from the hotel lobby +62 361 701111. Beside that several online taxi service APPS are available (Grab, Uber, Gojek)

### **THE PROCESS**

Download the GO-JEK or Grab app on your smartphone, enter your pick-up address and destination. The driver will arrive within the estimated time, equipped with an extra helmet and an optional hair mask for those worried about hygiene. You'll need Wi-Fi or data to operate these apps.

### **THE COST**

Cheap and cheerful. Most short trips (from Seminyak to Canggu, say) cost just under the equivalent of \$1, while anything further shouldn't cost more than \$2. Where a local driver to the airport might cost you \$20, the fee in a Grab Car is more like \$10. Likewise, a trip to Ubud can be agreed with a Grab Car driver for around \$15, a journey that typically costs about \$35. But keep in mind that it's always good to support local drivers, where possible.

### **THE CONTROVERSY**

There has been a certain amount of push back against ride-hailing apps from local neighborhoods in Bali who are trying to contain transport to their areas so they can keep the profits within the community. Canggu (between Jalan Batu Bolong and Echo Beach) is most notorious for this. Here, GO-JEKs and Grab Car are allowed to drop off, but not pick up passengers. Tourists in Seminyak will have the most ease using the ride-hailing apps, where it is still largely unrestricted. GO-JEK and GRAB are not allowed to pick up in the airport.

### **THE SAFETY FACTOR**

Drivers are registered via the app, which makes it a safer option than both taxis and traditional ojek. We find most of the drivers to be cautious, confident drivers, as well as friendly though they may speak limited English.

## **10. Cultural Awareness**

Understanding another culture is one of the most rewarding and soul-nourishing experiences a person may have. Different cultures however have different customs and beliefs, what may be a compliment or unimportant to you may be offensive to someone from another culture. Basic customs and 'Do's & Don'ts' for each country are easily available to read up online. For as long as you are in someone else's home country please be careful to pay respect. Always remember that a smile has the same meaning in every language!

To respect the environment, Remember to bring refillable water bottles. All registrants will give a 'tote bag' for shopping and the APFCNA 2 committee requests that you commit to avoiding single use plastic items while on island, or if you do, that you take it home with you for recycling. Bali has very little formal trash removal services; as such, most trash is burned or ends up in the water. Help us help the Balinese keep the island clean & green, and the water sources free of plastic.



We are here to Help

If you feel you need any help during the weekend, the APFCNA 2 local committee is here to help. Just look for someone with a smiling face wearing one of the T-shirts below and let us know what we can do to make your weekend a better experience.



Enjoy!

We run the APF and APF conventions in some of the most amazing places around the world and regularly see people having life changing experiences, experiencing unforgettable memories and forging life-long friendships. Save yourself from worrying about all of the above while you're away so you can get the most out of each day.

